



Comprehensive Diabetes Services

## Lemon Juice as an Air Freshener and Deodorizer



### ***Ingredients***

6-8 lemons or limes or both, washed cut in halves, and juiced

2 tbsp of lemon or lime juice

½ cup of water

1 Aromatic diffuser

### ***Instructions***

Place the lemon/lime juice into the diffuser with the water, turn it on until you see the steam evaporating into the air, and do this for about an hour. You can alternate deodorizing each room every other day; this will clean the air and leave a citrus scent while being environmentally friendly.



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***Add if desired***

1 drop of your favorite aromatic essential oil to the lemon water in the diffuser as it continues to clean and deodorizer the air.

***Do not use if allergic to lemons or limes.***

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